

# EXCLUSIVE MEMBERSHIP

# WELCOME

# TO THE WORLD OF RELAXATION

Our mission is to support your personal journey towards an enhanced whole-of-life experience, a 360° approach enabling you to look, think and feel better.





# MEMBERSHIP

### ENJOY THE WORLD OF BENEFITS



20 metre heated pool with hydromassage beds and two whirlpools



Sauna



Steam room



Fitness studio with cardiovascular equipment and weights

### HEALTH BENEFITS

#### TAKE CARE OF YOURSELF!



Swimming - works your whole body, tones muscles and builds strength



Sauna - regular visits to sauna help to relieve stress and boost immunity



Steam room - promotes healthy blood flow and helps to get rid of toxins



Cardio exercise - improves cardiovascular health and boosts mood





# MEMBERSHIP

### **ENJOY ADVANTAGEOUS PRICES**



Therapeutic massage & body treatments



Facial treatments



Gift vouchers, discounts to 1890 Restaurant & Bar, and accommodation at NH Collection Prague Carlo IV

# MEMBERSHIP TYPES

	BRONZE 1 month	SILVER 3 months	GOLD 6 months	PLATINUM 12 months
Unlimited access to wellness	Y	Υ	Y	Υ
20% off at 1890 Restaurant & Bar	Y	Υ	Y	Υ
Voucher for wellness access for 1 person	1 voucher	3 vouchers	6 vouchers	12 vouchers
Membership freeze	-	10 days	20 days	1 month
Discount on spa menu	-	10%	15%	20%
Vouchers for a drink at 1890 Bar	-	2 vouchers	2 vouchers	2 vouchers
1x Breakfast for 2 at 1890 Restaurant & Bar	-	-	1 voucher	1 voucher
Discount on accommodation at NHC Prague Carlo IV*	-	-	15%	20%
One night free at the NHC Prague Carlo IV with breakfast for 2*	-	-	-	Υ
Free 60 minute massage	-	-	-	1 voucher
1x three-course dinner for 2 at 1890 Restaurant & Bar	-	_	_	1 voucher
PRICE	CZK 6500	CZK 17 500	CZK 28 500	CZK 44 500

<sup>\*</sup>Upon availability, for redeeming the vouchers, please contact Spa manager

For more information including membership for couples and friends book your spa tour or experience visit (for a charge to be deducted with a purchase), contact our Spa Manager, Thu Hien Le on email th.le@nh-hotels.com +420 778 449 060.

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